



# TRANSPHORM

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72

73 **ABSTRACT**

74 **Background**

75 Negative effects of long-term exposure to particulate matter (PM) on lung function have been  
76 shown repeatedly. Spatial differences in the composition and toxicity of PM may explain  
77 differences in observed effect sizes between studies.

78 **Methods**

79 We conducted a multi-centre study in 5 European birth cohorts: BAMSE (Sweden), GINIplus  
80 and LISApplus (Germany), MAAS (UK) and PIAMA (The Netherlands), for which lung  
81 function measurements were available for ages 6-8 years. Individual annual average  
82 residential exposure to copper, iron, potassium, nickel, sulphur, silicon, vanadium and zinc  
83 within PM <2.5µm and <10µm was estimated using land-use regression models. Associations  
84 between air pollution and lung function were analysed by linear regression within cohorts,  
85 adjusting for potential confounders, and then combined by random effects meta-analysis.

86 **Results**

87 We observed small reductions in forced expiratory volume in the first second, forced vital  
88 capacity and peak expiratory flow related to exposure to most elemental pollutants, some of  
89 which (sulphur, nickel), showed more substantial negative associations. E.g. PM<sub>10</sub> nickel and  
90 PM<sub>10</sub> sulphur were associated with decreases in forced expiratory volume in the first second  
91 of 1.6% (95% confidence interval 0.4,2.7%) and 2.3% (-0.1,4.6%) per increase in exposure of  
92 2 ng/m<sup>3</sup> and 200 ng/m<sup>3</sup>, respectively. Associations remained after adjusting for PM mass.  
93 However, associations with these elements were not evident in all cohorts and heterogeneity  
94 was larger than for PM mass.

95 **Conclusions**

96 While we detected small associations between lung function and annual average levels of  
97 some of the evaluated elements, particularly nickel and sulphur, lower lung function was more  
98 consistently associated with? increased PM mass.  
99

## 100 **1 Introduction**

101 Particulate matter (PM) has been widely regarded as serious problem for public health.<sup>1-3</sup>  
102 Environmental guidelines and standards refer to the mass concentration of particles smaller  
103 than 10  $\mu\text{m}$  ( $\text{PM}_{10}$ ) or smaller than 2.5  $\mu\text{m}$  ( $\text{PM}_{2.5}$ ).<sup>4-6</sup> However, PM is emitted from a wide  
104 variety of sources (e.g. combustion, wear of brakes, tires and clutch, industrial emissions, and  
105 crustal materials)<sup>7,8</sup>, and there is increasing epidemiological evidence that its constituents  
106 affect health in different ways.<sup>8</sup> Knowing more specifically which elements or sources are  
107 responsible for the toxicity of PM, may be instrumental in preventing adverse health effects  
108 more effectively.<sup>8,9</sup>

109

110 Lung function is an objective marker for respiratory health and a predictor of  
111 cardiorespiratory morbidity and mortality.<sup>10</sup> Negative long-term effects of PM on lung  
112 function have been shown repeatedly.<sup>2,11</sup> A recently published study also found significant  
113 effects of both nitrogen oxides and  $\text{PM}_{2.5}$  on forced expiratory volume in the first second and  
114 peak expiratory flow in the same cohorts used in the present paper, and found higher levels of  
115 heterogeneity for PM (especially  $\text{PM}_{10}$ ) than for nitrogen oxides.<sup>12</sup> Associations between PM  
116 and forced expiratory volume in the first second differ between studies<sup>11,13</sup>, which may be  
117 partly due to spatial differences in PM composition and -hence- toxicity of particulate air  
118 pollutants. Recent reviews identified little conclusive evidence on the ability of specific PM  
119 constituents to affect especially long-term respiratory health.<sup>1,2,14,15</sup> Some studies have looked  
120 at short-term effects of PM composition on lung function<sup>16,17</sup>, but to our knowledge, the  
121 health effects of long-term exposure to specific metal constituents on lung function have not  
122 been studied so far. There is a need for studies which disentangle the differential effects on  
123 lung function which might result from various PM constituents.<sup>18</sup> This paper aims to

124 investigate the associations between 8 elemental constituents of fine PM (Copper (Cu), iron  
125 (Fe), potassium (K), nickel (Ni), sulphur (S), silicon (Si), vanadium (V) and zinc (Zn)) and  
126 lung function in five European birth cohorts, using standardized assessment methods.  
127 Furthermore, we examine if previously observed negative effects of PM<sub>2.5</sub>/PM<sub>10</sub> on lung  
128 function, can be attributed to any of these 8 elemental constituents.

129

130 The current study is part of the ESCAPE (European Study of Cohorts for Air Pollution  
131 Effects; [www.escapeproject.eu](http://www.escapeproject.eu)) and TRANSPHORM (Transport related Air Pollution and  
132 Health impacts- Integrated Methodologies for Assessing Particulate Matter;  
133 [www.transphorm.eu](http://www.transphorm.eu)) projects.

## 134 **2 Methods**

### 135 2.1 Study population

136 Our analysis included five European birth cohorts: the Barn Allergi Milio Stockholm  
137 Epidemiologi (BAMSE) study from Sweden, the German Infant Nutritional Intervention  
138 study – plus influence of pollution and genetics (GINIplus) and the Lifestyle-related factors  
139 on the Immune System and development of Allergies in childhood – plus the influence of  
140 traffic emissions and genetics (LISApplus), both from Germany, the Manchester Asthma and  
141 Allergy Study (MAAS) from the UK and the Prevention and Incidence of Asthma and Mite  
142 Allergy (PIAMA) study from the Netherlands. All cohorts were initiated in the mid- to late  
143 1990s to study the onset and development of asthma and allergies during childhood in relation  
144 to various environmental factors. More information about study designs and study populations  
145 is provided in SDC 1. Data from sub-cohorts GINIplus North (Wesel) and GINIplus South  
146 (Munich) were analysed separately to prevent between-area differences in estimated exposure  
147 affecting the results. Data from GINIplus and LISApplus North (both Wesel, Ruhr Area) were



148 analysed jointly since the same procedures were followed. From these cohorts, we selected all  
149 participants with successful lung function measurements at ages 6-8 years, exposure estimates  
150 at the 6/8-year address, and complete information on all main confounders. We included 1808  
151 children from Stockholm County, 600 from Munich, 851 from Wesel, 500 from Manchester  
152 and 900 from The Netherlands (SDC 1).

## 153 2.2 Exposure assessment

154 We selected 8 elements (Cu, Fe, K, Ni, S, Si, V and Zn), reflecting a variety of anthropogenic  
155 sources such as brake linings (Cu, Fe, Zn) and tyre wear (Zn), industrial (smelter) emissions  
156 (Fe, Zn), crustal materials (Si, K), fossil fuel combustion (Ni, V, S) and biomass burning (K),  
157 considering existing evidence for toxicity<sup>14,15,19,20</sup> and ensuring a high percentage (>75%) of  
158 detected samples. Elemental concentrations were estimated for each individual address using  
159 land-use regression models developed for each of the 5 study areas.<sup>21</sup> Briefly, between  
160 October 2008 and February 2010, three 14-day particulate matter measurements were taken at  
161 20 locations in Stockholm County, Manchester, Ruhr Area and Munich/Augsburg study areas,  
162 and 40 sites in the Netherlands/Belgium in the cold, intermediate and warm seasons. We used  
163 Harvard impactors to collect samples of PM<sub>2.5</sub> and PM<sub>10</sub> on Teflon filters and analysed all  
164 filters for elemental composition using X-Ray Fluorescence, as described elsewhere.<sup>21</sup> For  
165 each site, results from the 3 measurements were averaged to estimate the annual average, by  
166 adjusting for temporal variation using a centrally located background reference site, which  
167 was operated for a whole year in each study area.<sup>22</sup> Predictor variables on various metrics of  
168 nearby traffic intensity, population/household density and land use (e.g. industry, ports, urban  
169 green) were derived from Geographic Information Systems (GIS) in circular buffers ranging  
170 from 25 to 5000 m, and were evaluated to explain spatial variation of elemental  
171 concentrations.<sup>23</sup> Area-specific Land Use Regression models were made separately for each

172 element within each PM size fraction, as presented previously.<sup>21</sup> A brief overview of model  
173 performance can be found in SDC 2. With the exception of Zn, elements were predominantly  
174 found in either PM<sub>2.5</sub> (K, Ni, S, V) or PM<sub>10</sub> (Cu, Fe, Si).<sup>21</sup> This made it less useful to subtract  
175 PM<sub>2.5</sub> from PM<sub>10</sub> for elemental composition than for mass. We assumed that the composition  
176 of PM<sub>10</sub> was primarily representative for the coarse component. If no significant predictors  
177 could be included in a land use regression model, we did not estimate cohort exposures as all  
178 would be the same. Therefore, there were no exposures estimated for the PM<sub>2.5</sub> Ni in  
179 Stockholm, PM<sub>2.5</sub> V in Munich, and PM<sub>2.5</sub> K in Wesel and Manchester. The relevant  
180 geographic predictors were derived for the cohort addresses. Whenever a predictor had a  
181 lower or higher value for one of the cohort addresses than for any of the measurement sites,  
182 its value was truncated to (respectively) the minimum or maximum which occurred for the  
183 measurement sites. Exposures to each element were estimated for the birth and 6/8-year  
184 addresses. The second was the main exposure, because we observed stronger associations  
185 with lung function than for the birth address in our previous analyses.<sup>12</sup>

### 186 2.3 Health outcomes

187 At age 6 years (in the Munich and Wesel cohorts) or age 8 years (in the Stockholm County,  
188 Manchester and Dutch cohorts), all children performed spirometry tests and a Peak Expiratory  
189 Flow test (except for the Manchester cohort), adhering to the guidelines recommended by the  
190 European Respiratory Society and the American Thoracic Society.<sup>24</sup> More detailed  
191 descriptions of the lung function measurements can be found in SDC 1. As our primary  
192 outcome, we assessed forced expiratory volume in the first second, which was available for  
193 all cohorts, has high reproducibility and reflects airway obstruction.<sup>25</sup> As 6-year old children  
194 can generally perform reliable spirometry, but have shorter expiratory times. forced expiratory  
195 volume in the first second cannot always be reliably determined. We therefore used forced

196 expiratory volume in the first 0.5 seconds instead, for the German cohorts which were  
197 measured at age 6. In addition, we studied forced vital capacity and peak expiratory flow,  
198 which (respectively) were available for all except the German and Manchester cohorts.

#### 199 2.4 Statistical analyses

200 We used linear regression to analyze associations between exposure estimates and lung  
201 function (log-transformed forced expiratory volume in the first second, forced vital capacity  
202 and peak expiratory flow). Elemental concentrations were entered as continuous variables  
203 without transformation. Effect estimates were calculated for fixed increments, chosen by  
204 rounding the mean P10-P90 range for all ESCAPE study areas. We further checked for  
205 collinearity of predictor variables using a correlation matrix and variance inflation factor.

206

207 Data analyses were performed at IRAS, Utrecht University, the Netherlands, for the Dutch  
208 and German cohorts using SAS (SAS 9.2, Cary, NC, USA). Analyses for the Stockholm  
209 County and Manchester cohorts were done locally, using STATA (Version 11, StataCorp LP,  
210 College Station, TX, USA) and SPSS v20 (SPSS Inc., ), respectively. Cohort-specific  
211 estimates were combined using random effect meta-analyses to account for heterogeneity  
212 between the cohorts.<sup>26</sup> We used the  $I^2$  statistic to quantify heterogeneity.<sup>27</sup> Meta-analyses  
213 were performed in STATA (Version 12, StataCorp LP, College Station, TX, USA) using the  
214 “metan” command.

#### 215 2.5 Confounding variables

216 A common set of potential confounders were defined *a priori* for all cohorts, following our  
217 previous analysis.<sup>12</sup> In a crude model, we only adjusted for gender and log-transformed age  
218 weight, and height. In addition, we adjusted for individual categorical confounders which

219 were not on the causal pathway, but were significant ( $p < 0.05$ ) risk factors for the outcome in  
220 at least one cohort: recent respiratory infections, non-native ethnicity (binary, as few children  
221 were of non-native ethnicity), parental socio-economic status, atopic mother, atopic father,  
222 breastfeeding, maternal smoking during pregnancy, environmental tobacco smoke, dampness  
223 or mould in the home, furry pets in the home and study area (only for the Stockholm County  
224 cohort). We did not adjust for short-term exposures as daily concentration data on PM  
225 constituents were not available for the study areas, and no indication of confounding of long-  
226 term associations by short-term exposures was found previously.<sup>12</sup> All confounder  
227 information was available from questionnaires for all cohorts. Covariates were defined as  
228 similarly as possible given the available information.

## 229 2.6 Two-pollutant models

230 Because of the correlations between many elemental constituents and PM mass (particularly  
231 Cu, Fe, S, Si), associations found for these elements may be biased and instead reflect a  
232 relationship with PM mass. We used two-pollutant models with elemental concentrations  
233 adjusting for PM<sub>2.5</sub> or PM<sub>10</sub> mass to assess the independent effects of specific constituents.  
234 We also present associations with PM<sub>2.5</sub> and PM<sub>10</sub> mass, adjusted for each of their  
235 constituents. For the main outcome, forced expiratory volume in the first second, we also  
236 present two-pollutant models for all other combinations of the pollutants and constituents.

## 237 2.7 Sensitivity analyses

238 Some elemental constituents were highly correlated with PM mass, which resulted in  
239 collinearity in some PM mass-adjusted models. In order to check if this affected the effect  
240 estimates, we removed all models for which the Variance Inflation Factor of the elemental  
241 constituent was higher than 3, from the meta-analysis.

242

243 We investigated if effect estimates changed, if in the meta-analysis we excluded those cohorts  
244 and elements for which the land use regression models had relatively low cross-validation  
245  $R^2$ 's<sup>21</sup>, by excluding 26 (out of 80) exposure models with Leave-One Out Cross Validation  
246  $R^2$ 's lower than 0.50.

247

248 In our previous analysis,<sup>12</sup> lung function was associated with exposure at the 6/8-year address,  
249 and not with exposure at the birth address. To verify the contribution of exposure at different  
250 time points, we conducted an analysis, including both estimated exposures from the birth  
251 address and the 6/8-year address as co-pollutants, for those children who moved since birth.  
252 In addition, we performed separate analyses for children who moved and who did not move  
253 since birth, and for asthmatic and non-asthmatic children.

## 254 **3 Results**

### 255 3.1 Characteristics of the study population

256 Distributions of lung function indicators and population characteristics for each cohort can be  
257 found in Table 1. The Stockholm County cohort had a relatively low percentage of children  
258 with atopic parents. The Manchester cohort had a higher percentage of asthmatic children  
259 compared to the other cohorts (Table 1).

### 260 3.2 Distribution and correlation of air pollution exposures

261 The within-cohort variability of estimated pollutant concentrations differed widely between  
262 cohorts (Figure 1). There was large within-cohort variation for elements from non-tailpipe  
263 emissions (Cu, Fe, Zn), especially in  $PM_{10}$ . Exposure levels for these elements were relatively  
264 comparable for all cohorts. Similar levels were also observed for Ni, although the within-

265 cohort variation was limited for the Munich and Manchester cohorts, because exposure levels  
266 were low. There was little similarity across cohorts for K, S, Si and V exposures. However,  
267 exposure contrasts for PM<sub>10</sub> Si (and to some extent PM<sub>10</sub> K) were large in the Stockholm  
268 County cohort, and for PM<sub>2.5</sub> and PM<sub>10</sub> V in the Dutch cohort.

269

270 Correlations between elements and PM mass were much higher in Stockholm County, Wesel,  
271 the Netherlands, than in Munich and Manchester (Table 2). Correlations between the  
272 measured concentrations were different for some elements, especially for the Munich cohort  
273 (SDC 3, Figure A). A potential explanation might be that the study area covered by this  
274 cohort is highly heterogeneous, and thus may not be as adequately covered by the monitoring  
275 area as for the other cohorts. Further correlations between elements are presented in SDC 3,  
276 Tables A-E. Correlations between the estimated elemental exposures were slightly higher for  
277 traffic-related elements (e.g. Cu, Fe) and for elements whose mass makes up a relatively large  
278 fraction of PM mass (e.g. K, S, Si).

### 279 3.3 Associations between air pollution and lung function

280 Associations between elemental concentrations and forced expiratory volume in the first  
281 second varied between cohorts (Figure 2, Table 3). Heterogeneity was often larger for the  
282 elemental constituents than for PM mass and statistically significant for PM<sub>2.5</sub> Cu and PM<sub>2.5</sub>  
283 Fe (Table 3). A 2 ng/m<sup>3</sup> increase in PM<sub>10</sub> Ni was significantly associated with a 1.6% (95%  
284 confidence interval 0.4-2.7%) lower forced expiratory volume in the first second and a 200  
285 ng/m<sup>3</sup> increase in PM<sub>10</sub> S was associated with a 2.3% (-0.1-4.6%) reduction for the same  
286 outcome, consistent across four of the five cohorts. There were no large differences between  
287 the crude and confounder-adjusted models (SDC 4, Table A). Generally, confidence intervals  
288 for the elemental constituents were inflated and most negative associations disappeared when

289 we additionally adjusted for PM mass (Table 3). However, associations for PM<sub>10</sub> Ni (-1.3% (-  
290 -3.1,0.5%)) and PM<sub>10</sub> S (-2.1% (-4.8,0.7%)) weakened only slightly, and also did not change  
291 much after adjustment for the other elemental co-pollutants or for NO<sub>2</sub> or PM<sub>2.5</sub> absorbance  
292 (SDC 5). The association between forced expiratory volume in the first second and PM<sub>10</sub> mass  
293 was reduced to null when adjusted for PM<sub>10</sub> Ni or PM<sub>10</sub> S, but not when we adjusted for the  
294 other elements (Figure 3). Negative associations of forced expiratory volume in the first  
295 second with PM<sub>2.5</sub> mass generally remained, after adjustment for various elemental  
296 constituents (Figure 3).

297

298 Forced vital capacity and peak expiratory flow were also negatively associated with Ni and S  
299 (SDC 4, Tables B and C and Figures A and B). In addition, negative associations were found  
300 with PM<sub>2.5</sub> K, PM<sub>2.5</sub> V and PM<sub>10</sub> Zn for forced vital capacity and with PM<sub>2.5</sub> Cu, PM<sub>10</sub> K,  
301 PM<sub>10</sub> Si and PM<sub>2.5</sub> and PM<sub>10</sub> V for peak expiratory flow in the confounder-adjusted models.  
302 Heterogeneity in associations was lower for peak expiratory flow than for the other two lung  
303 function parameters. Associations with Ni and S persisted after additional adjustment for PM  
304 mass, while most other associations attenuated (SDC 4, Tables B and C). The negative  
305 associations between forced vital capacity and PM<sub>2.5</sub> and PM<sub>10</sub> mass were attenuated after  
306 adjustment for PM<sub>2.5</sub> Cu and Fe, PM<sub>10</sub> Ni and V and both size fractions of S (Figure 3).  
307 Associations between peak expiratory flow and PM<sub>2.5</sub> and PM<sub>10</sub> mass disappeared after  
308 adjusting for PM<sub>2.5</sub> Ni and PM<sub>10</sub> K, respectively, but not after adjustment for the other  
309 elemental pollutants (Figure 3).

### 310 3.4 Sensitivity analyses

311 Estimated concentrations of PM mass were highly correlated ( $R > 0.80$ ) with PM<sub>2.5</sub> Cu (Dutch  
312 cohort), PM<sub>10</sub> Fe (Wesel and Dutch cohorts), PM<sub>10</sub> K (Stockholm County cohort), PM<sub>10</sub> Ni

313 (Wesel cohorts), PM<sub>2.5</sub> S (Dutch cohort) and PM<sub>10</sub> Si (Stockholm County and Dutch cohorts)  
314 (Table 2). This led to Variance Inflation Factors above 3 for all health outcomes in PM mass-  
315 adjusted models. Combined effect estimates with and without these specific cohorts and  
316 exposures are shown in SDC 6. The negative association between PM<sub>10</sub> Ni and forced  
317 expiratory volume in the first second and peak expiratory flow became slightly stronger after  
318 exclusion of the Wesel cohort. For forced expiratory volume in the first second, the combined  
319 estimate became -2.1% (-3.7,-0.7) compared to -1.3% (-3.1,0.5). Otherwise, results remained  
320 unchanged when we left out models with variance inflation factors above 3.

321  
322 When we restricted the meta-analyses to those cohorts for which the exposure models had  
323 Leave-One Out Cross Validation R<sup>2</sup>'s of at least 0.50 (see SDC 2), the association of PM<sub>10</sub> Ni  
324 remained strong, but associations with PM<sub>10</sub> S disappeared (SDC 7). PM<sub>2.5</sub> V land use  
325 regression models had low Leave-One Out Cross Validation R<sup>2</sup>'s for all cohorts except the  
326 Dutch cohort. Hence, our sensitivity analysis for PM<sub>2.5</sub> V was entirely based on the estimate  
327 for the Dutch cohort (SDC 7).

328  
329 Few associations were seen between exposure at the birth address and lung function (SDC 8,  
330 Table A). A consistent negative association with PM<sub>2.5</sub> Zn at the birth address was found for  
331 all outcomes. However, among the children who moved since birth (47% of total), exposure at  
332 the 6/8-year address was more negatively associated with lung function than exposures at the  
333 birth address for many exposure-outcome combinations. However, confidence intervals  
334 largely overlap (SDC 8, Figure A). Stratified analyses did not reveal systematically different  
335 associations for children who did and did not move since birth (SDC 8, Table B).

336



337 In the sensitivity analysis stratified by asthma status, we found that for the majority of  
338 exposures, associations with forced expiratory volume in the first second were more negative  
339 in asthmatic children (SDC 9). However, confidence intervals for asthmatic and non-  
340 asthmatic children largely overlap.

#### 341 **4 Discussion**

342 We observed small reductions of forced expiratory volume in the first second, forced vital  
343 capacity and peak expiratory flow in children, associated with increased exposure to  
344 especially Ni and S. The negative associations with Ni and S remained unchanged after  
345 adjustment for PM mass, , suggesting that these elements may be associated with lung  
346 function independently. However, the earlier reported associations<sup>12</sup> between PM<sub>2.5</sub> mass and  
347 lung function were not consistently explained by any of the eight elements. Associations with  
348 elements were more heterogeneous across cohorts than PM mass associations.

##### 349 4.1 Comparison with previous studies

350 Negative effects of long-term exposure to particulate matter mass on lung function have been  
351 shown repeatedly<sup>2,11</sup>, in our recent analysis<sup>12</sup> and previously in the cohorts used in the  
352 present study.<sup>28-30</sup> To date, no study has looked at lung function in relation to long-term  
353 exposure to PM constituents. Studies on PM from specific sources such as desert dust<sup>31</sup>,  
354 woodsmoke<sup>32</sup> and traffic<sup>11</sup> have found associations with forced expiratory volume in the first  
355 second and forced vital capacity. We found the most consistent associations with the elements  
356 Ni and S. Previous toxicological studies found adverse effects of residual oil fly ash  
357 components (particularly Ni and V) on human bronchial epithelium cells.<sup>33</sup> Epidemiological  
358 studies also report short-term effects of Ni, sulphate (which includes the element S) and V for  
359 various health outcomes.<sup>14,15,19,20</sup> Particulate matter containing Ni, sulphate and V is emitted

360 from the burning of residual oil (e.g. from shipping) and some industrial processes.<sup>34</sup> Port  
361 areas appear in several land use regression models for elements,<sup>21</sup> including both fractions of  
362 Ni, S and V in the Dutch cohort, and PM<sub>10</sub> S, PM<sub>10</sub> Si and PM<sub>2.5</sub> Zn in the Wesel cohorts.

#### 363 4.2 Heterogeneity

364 Heterogeneity as assessed by the  $I^2$  statistic was low to moderate for the different elements,  
365 though generally higher than for particle mass. It is likely that the large differences in  
366 elemental exposure contrasts between cohorts contributed to the heterogeneity found in the  
367 effect estimates. These between-cohort contrasts were smaller for NO<sub>2</sub>, PM<sub>2.5</sub>, PM<sub>2.5</sub>  
368 absorbance and PM<sub>10</sub>.<sup>12</sup> A presentation of relative instead of absolute changes in lung function  
369 helped limit the heterogeneity between cohorts. However, in this and our previous study,<sup>12</sup> we  
370 cannot rule out that the moderate heterogeneity may be due to differences in age at lung  
371 function measurements, characteristics of the cohorts, and lung function parameters (forced  
372 expiratory volume in the first versus first half second).

#### 373 4.3 PM mass and elemental constituents associations

374 The previously observed associations between lung function and PM<sub>2.5</sub> mass were not  
375 explained by any of the eight elements. A first explanation could be that measurement and  
376 exposure estimation errors were smaller for PM<sub>2.5</sub> mass than for the elements, resulting in less  
377 attenuation. Spatial contrasts for several elemental constituents are strikingly larger than those  
378 for PM mass, both within and between study areas. The ability of land use regression models  
379 to explain these contrasts differed between areas, and between elements (SDC 2).<sup>21</sup> The  
380 explained variance of models for K, Ni, S, Si and V was generally lower than for PM mass.  
381 For the non-tailpipe components Cu, Fe and Zn, models were equally predictive as for PM  
382 mass. While land use regression models for Cu, Fe, Si and Zn had higher explained variance,

383 and thus exposure estimation was presumably more accurate, these elements did not have the  
384 most profound associations with lung function. Moreover, when we omitted models with low  
385 cross-validation  $R^2$ 's, in a sensitivity analysis, this did not change the results (SDC 7).

386 Secondly, it is possible that other (elemental or organic) components of PM are related to  
387 decreased lung function, e.g. PAHs or quinones.<sup>14,15</sup> Thirdly, some constituents were highly  
388 correlated with PM mass, and hence it was challenging to isolate the effects of individual  
389 constituents from this complex mixture. A sensitivity analysis showed that combined effect  
390 estimates for individual elements and PM mass remained largely unchanged after adjustment  
391 for other co-pollutants.

#### 392 4.3 Strengths and limitations

393 The five cohorts included in this analysis were comparable in study design, and recruitment  
394 period (1994-1999). Children of highly educated and/or allergic parents were somewhat  
395 overrepresented in the analysis population (SDC 1).<sup>12</sup> As the effect estimates in the present  
396 study remained largely unchanged after adjustment for potential confounders including  
397 parental education and parental allergy, this likely did not result in serious bias. Similar  
398 methods were employed for health effect assessment, while exposure assessment methods  
399 were completely harmonized across all study areas, and each centre used the same statistical  
400 methods. The time of day and period of the year when the lung function measurements were  
401 taken was not standardized within or between cohorts. However, there were no systematic  
402 differences regarding time and season between areas with high and low levels of air pollution  
403 within the different cohorts. Lung function was measured once per participant, so that the  
404 analysis was cross-sectional. While it is possible that we found associations due to multiple  
405 testing, we tried to limit the number of models by *a priori* defining the same exposures and  
406 confounders for all cohorts.

#### 407 4.4 Effects of long-term exposure at the birth versus 6/8-year address

408 As before,<sup>12</sup> we found stronger associations with the 6/8-year address exposure than with the  
409 birth address exposure, which could be due to better exposure estimation at the more recent  
410 address, as recent measurements formed the basis for land use regression modelling. It is also  
411 possible that lung function is primarily affected by recent exposure, and that any growth  
412 deficits resulting from exposure earlier in life may be compensated by moving to a less  
413 polluted area.<sup>35</sup> For Ni and S, no clear difference was found (SDC 8, figure A ). While it has  
414 been suggested that growth deficits need not be permanent if the child moves to a less  
415 polluted environment<sup>35,36</sup>, studies have shown that children with reduced lung function at an  
416 early age still have substantial deficits later in life.<sup>37</sup>

#### 417 **5 Conclusions**

418 This study marks a starting point in unravelling the adverse effects on lung function, resulting  
419 from differences in the composition of particulate matter. We detected small associations  
420 between lung function and annual average levels of some evaluated elements, particularly  
421 nickel and sulphur. The associations remained similar after adjustment for PM mass,  
422 suggesting a possible independent effect of these constituents. Lower lung function was more  
423 consistently associated with increased PM mass.

#### 424 **6 List of Supplemental Digital Content (SDC)**

425 SDC 1: Description of study design, population and lung function measurements

426 SDC 2: Table showing the Leave-one out cross-validated  $R^2$  ( $R^2_{LOOCV}$ ) and root mean squared  
427 error (RMSE) of the land use regression models used for exposure estimation

428 SDC 3: Figure showing Pearson correlations (R) between elements and PM mass for cohort  
429 estimates and measured concentrations, and tables showing Pearson correlations (R) between  
430 all elemental pollution estimates within each cohort

431 SDC 4: Crude associations of elemental exposure with all outcomes and confounder-adjusted  
432 and confounder and PM mass-adjusted associations with forced vital capacity and peak  
433 expiratory flow.

434 SDC 5: Extended two-pollutant analyses for forced expiratory volume in the first second

435 SDC 6: Table showing sensitivity analysis addressing collinearity of exposures in 2-pollutant  
436 models

437 SDC 7: Table showing sensitivity analysis on exposure estimation by models with low  
438 explained variance

439 SDC 8: Sensitivity analyses related to exposure at the birth address

440 SDC 9: Table showing stratified associations of elemental composition with forced expiratory  
441 volume in the first second for asthmatic and non-asthmatic children

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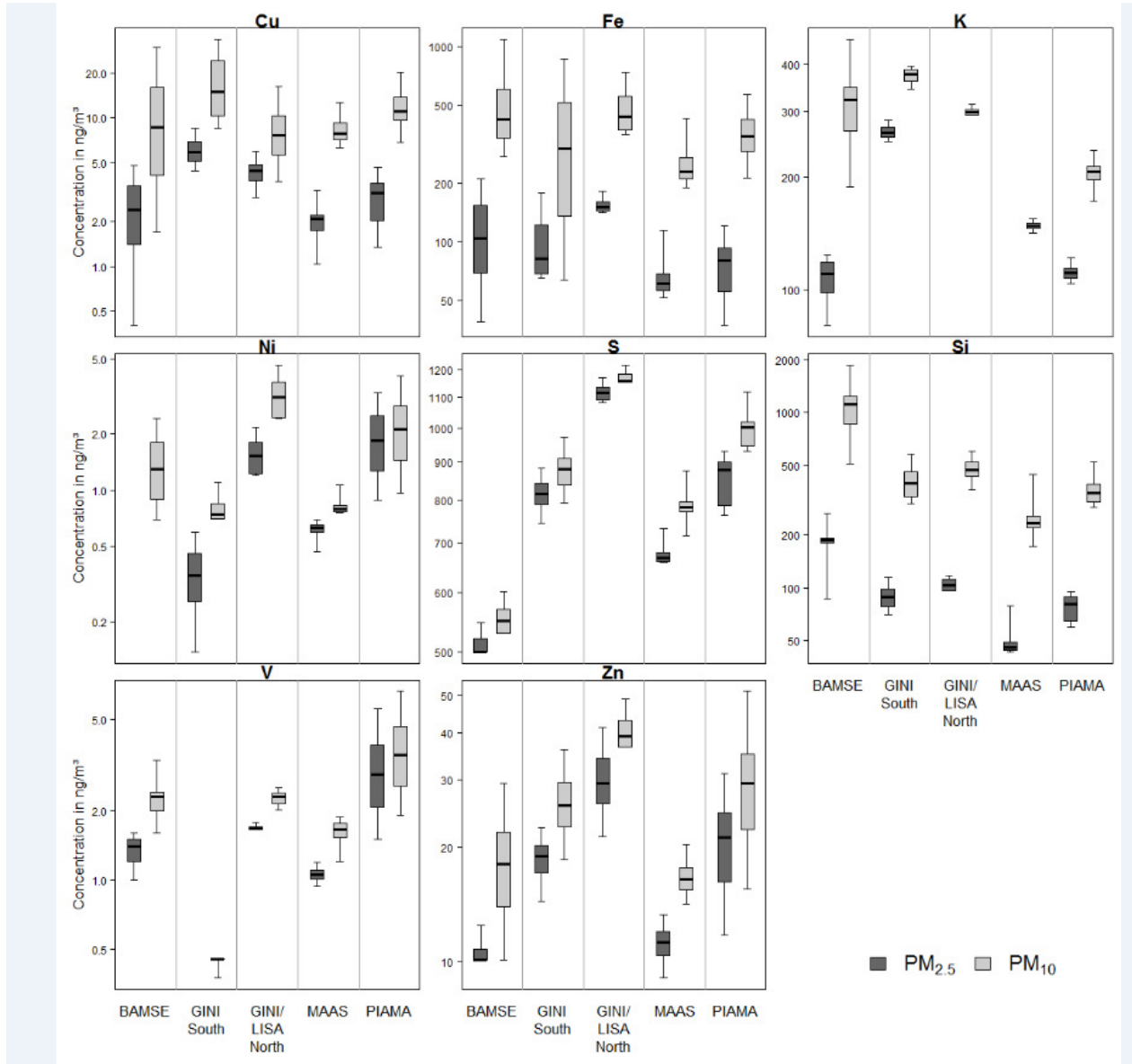
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535

536 Figure 1: Distribution (mean, median, interquartile range, 5<sup>th</sup> and 95<sup>th</sup> percentile) of estimated  
 537 annual average concentrations for copper (Cu), iron (Fe), potassium (K), nickel (Ni), Sulphur  
 538 (S), silicon (Si), vanadium (V) and zinc (Zn), for PM<sub>2.5</sub> and PM<sub>10</sub>.



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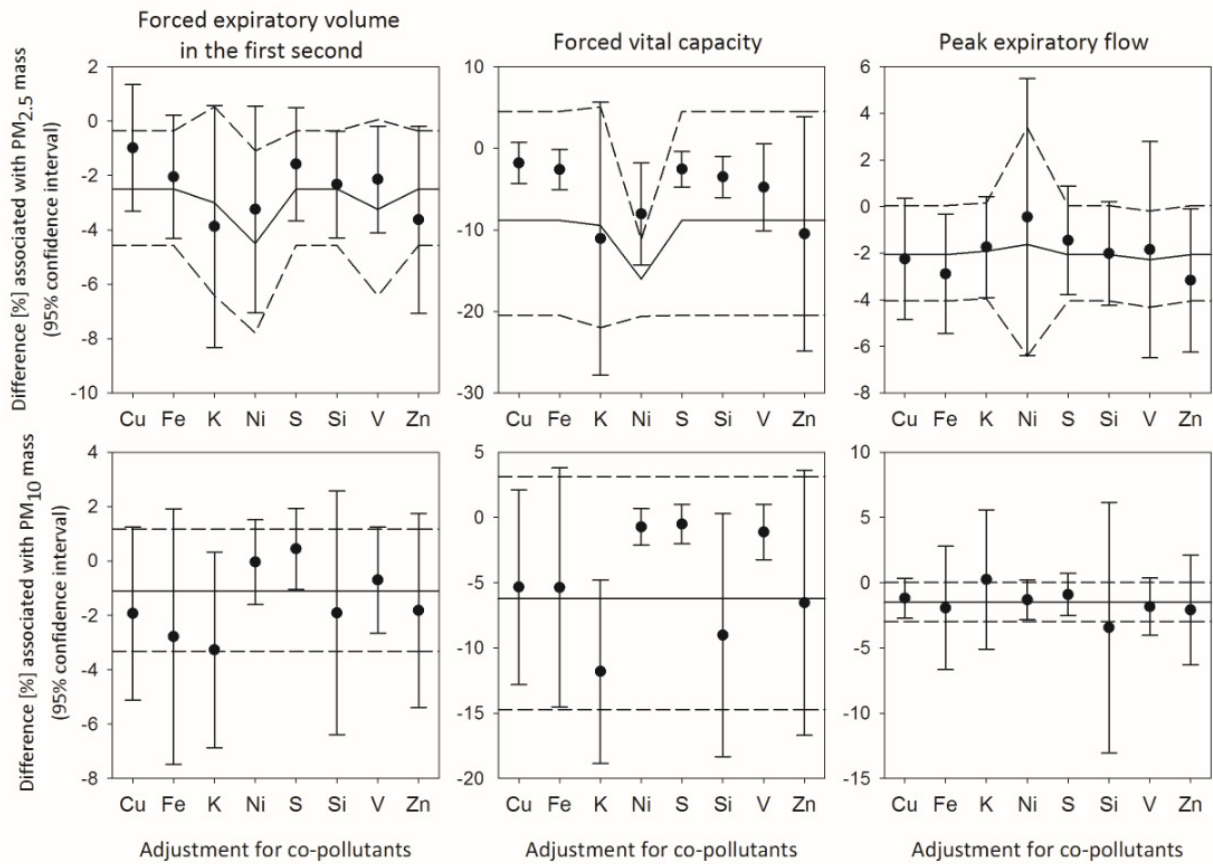
541 No usable land use regression models were available for PM<sub>2.5</sub> K for GINI/LISA North and MAAS, for PM<sub>2.5</sub> Ni for BAMSE  
 542 and for PM<sub>2.5</sub> V for GINI South, see also section 3.3 “Exposure to air pollutants”.

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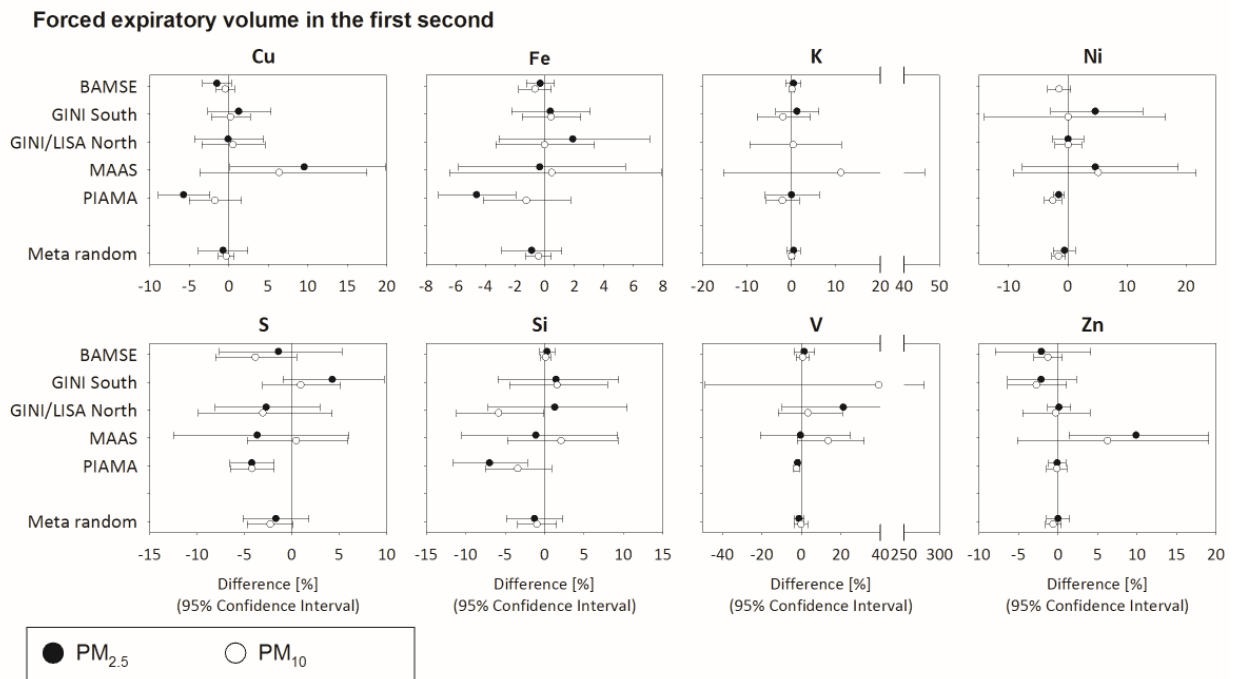
545 Figure 2: Confounder-adjusted <sup>a</sup> cohort-specific <sup>b</sup> and combined associations <sup>c</sup> between  
 546 estimated air pollution levels and forced expiratory volume in the first second



547

548 <sup>a</sup> Adjusted for age, sex, height and weight, recent respiratory infections, non-native ethnicity/nationality, parental education,  
 549 allergic mother, allergic father, breastfeeding, maternal smoking during pregnancy, smoking at home, mould/dampness at  
 550 home, furry pets at home. <sup>b</sup> BAMSE = Stockholm County, Sweden, GINI South = Munich, Germany, GINI/LISA North =  
 551 Wesel, Germany, MAAS = Manchester, UK, PIAMA = The Netherlands. <sup>c</sup> Associations are presented for an increase of in 5  
 552 ng/m<sup>3</sup> Cu PM<sub>2.5</sub>, 20 ng/m<sup>3</sup> Cu PM<sub>10</sub>, 100 ng/m<sup>3</sup> Fe PM<sub>2.5</sub>, 500 ng/m<sup>3</sup> Fe PM<sub>10</sub>, 50 ng/m<sup>3</sup> K PM<sub>2.5</sub>, 100 ng/m<sup>3</sup> K PM<sub>10</sub>, 1 ng/m<sup>3</sup>  
 553 Ni PM<sub>2.5</sub>, 2 ng/m<sup>3</sup> Ni PM<sub>10</sub>, 200 ng/m<sup>3</sup> S PM<sub>2.5</sub>, 200 ng/m<sup>3</sup> S PM<sub>10</sub>, 100 ng/m<sup>3</sup> Si PM<sub>2.5</sub>, 500 ng/m<sup>3</sup> Si PM<sub>10</sub>, 2 ng/m<sup>3</sup> V PM<sub>2.5</sub>,  
 554 3 ng/m<sup>3</sup> V PM<sub>10</sub>, 10 ng/m<sup>3</sup> Zn PM<sub>2.5</sub>, 20 ng/m<sup>3</sup> Zn PM<sub>10</sub>.

555 Figure 3: Association between particulate matter mass and forced expiratory volume in the  
 556 first second, forced vital capacity and peak expiratory flow, after adjustment for elemental  
 557 composition.



558

559

560 Solid and dotted lines show the effect estimate and 95% confidence intervals of the single-pollutant association between  
 561 PM<sub>2.5</sub> (above) and PM<sub>10</sub> (bottom) and forced expiratory volume in the first second (left), forced vital capacity (middle) and  
 562 peak expiratory flow (right), as reported by Gehring et al, 2013.<sup>12</sup> No exposures estimates were available for PM<sub>2.5</sub> Ni in the  
 563 Stockholm County cohort, PM<sub>2.5</sub> V in the Munich cohort and PM<sub>2.5</sub> K in the Wesel and Manchester cohorts (see section 2.2),  
 564 which means the two-pollutant models adjusted for these elements are based on fewer studies. Therefore, for these elements,  
 565 single-pollutant PM<sub>2.5</sub> associations were recalculated to include only those cohorts which also had valid element exposures.  
 566 Dots with error bars show the remaining association with PM<sub>2.5</sub> and PM<sub>10</sub> mass, after adjusting for each of the elements  
 567 mentioned below.

568

569 Table 1: Description of the health and confounder characteristics of the study population

570 included in the main analyses.

	BAMSE, Stockholm County, Sweden (N=1,808)		GINI South, Munich, Germany (N=600)		GINI/LISA North, Wesel, Germany (N=851)		MAAS, Manchester, UK (N=500)		PIAMA, The Netherlands (N=900)	
	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD
Forced expiratory volume in the first (half) second	1.78	0.27	1.09	0.16	1.10	0.16	1.59	0.24	1.80	0.25
Forced vital capacity	2.07 <sup>a</sup>	0.33	N/A	N/A	N/A	N/A	1.83	0.28	2.01	0.30
Peak expiratory flow	4.85 <sup>b</sup>	0.68	3.10 <sup>c</sup>	0.53	3.03 <sup>d</sup>	0.52	N/A	N/A	3.79	0.64
Age (years)	8.3	0.49	6.1	0.12	6.2	0.23	8.0	0.1	8.1	0.29
Height (cm)	132	6.0	119	4.6	121	5.2	128.3	5.5	132	5.6
Weight (kg)	30.3	5.4	21.8	2.9	23	3.6	28.4	5.8	29	4.8
	n	(%)	n	(%)	n	(%)	n	(%)	n	(%)
Female sex	885	49.0	308	51.3	424	49.8	242	48.4	459	51.0
Recent respiratory infections <sup>e</sup>	176	9.7	206	34.3	334	39.3	0	0	223	24.8
Other ethnicity <sup>f</sup>	358	19.8	0	0	0	0	26	5.2	36	4.0
Parental socio-economic status <sup>g</sup>										
Low	125	6.9	30	5.0	74	8.7	73	14.6	89	9.9
Intermediate	891	49.3	117	19.5	333	39.1	204	40.8	314	34.9
High	792	43.8	453	75.5	444	52.1	142	28.4	497	55.2
							81	16.2		
Allergic mother	315	17.4	338	56.3	312	36.7	303	60.6	582	64.7
Allergic father	331	18.3	306	51.0	255	30.0	317	63.4	293	32.6
Breastfeeding	1730	95.7	421	70.2	491	57.7	250	50.0	484	53.8
Mother smoking during pregnancy <sup>h</sup>	217	12	76	12.7	112	13.2	53	10.6	132	14.7
Current smoking at home	310	17.2	120	20.0	305	35.8	183	36.6	140	15.6
Current signs of dampness /moulds in the home <sup>i</sup>	167	9.2	146	24.3	152	17.9	65	13.0	260	28.9
Current any pets in the home	460	25.4	147	24.5	225	26.4	214	42.8	436	48.4
Study region <sup>j</sup>			N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Stockholm	572	31.6								
Järfälla	527	29.2								
Solna	449	24.8								
Sundbyberg	260	14.4								
Moved between birth and LF measurements	1137	63.9	322	53.7	288	33.8	237	47.4	455	50.6
Asthma <sup>k</sup>	202	11.2	23	3.8	36	4.3	76	15.3	95	10.6
Allergic sensitization <sup>l</sup>	600	35.6	216	39.5	219	29.3	133	42.5	343	46.1

571

572 <sup>a</sup> n=1833; <sup>b</sup> n=2281; <sup>c</sup> n=502; <sup>d</sup> n=685; <sup>e</sup> BAMSE: Respiratory infection at the time of lung function measurement; GINI

573 South and GINI/LISA North: lower or upper respiratory infection during past 4 weeks; MAAS: only asymptomatic children

574 were measured; PIAMA: cold or respiratory infection during past 3 weeks; <sup>f</sup> BAMSE: Scandinavian; GINI South and

575 GINI/LISA North: German; MAAS: Caucasian; PIAMA: Dutch; <sup>g</sup> Based on mother's education in BAMSE; based on

576 maximum of mother's and father's education in GINI South, GINI/LISA North and PIAMA; based on father's income

577 categories (<10,000; 10,000-20,000; 20,000-30,000; >30,000) in MAAS; <sup>h</sup> At least during the first 4 weeks; <sup>i</sup> During the past

578 12 months; <sup>j</sup> Only relevant for BAMSE; <sup>k</sup> number of subjects included: N=1807 for BAMSE, N=846 for GINI/LISA North  
579 and N=896 for PIAMA; <sup>l</sup> N=1688 for BAMSE, N=547 for GINI South, N=747 for GINI/LISA North, N=313 for MAAS and  
580 N=744 for PIAMA  
581

582 Table 2: Pearson correlations (R) between elemental composition and PM mass for each  
 583 cohort.

		BAMSE (Stockholm County, Sweden)	GINI South (Munich, Germany)	GINI/LISA North (Wesel, Germany)	MAAS (Manchester, UK)	PIAMA (The Netherlands)
Cu	PM <sub>2.5</sub>	0.71	-0.01	0.61	0.04	0.82
	PM <sub>10</sub>	0.26	0.15	0.68	0.39	0.47
Fe	PM <sub>2.5</sub>	0.69	0.07	0.47	0.19	0.76
	PM <sub>10</sub>	0.66	0.02	0.90	0.51	0.85
K	PM <sub>2.5</sub>	0.33	0.01	NA	NA	0.50
	PM <sub>10</sub>	1.00	-0.01	0.55	0.43	0.75
Ni	PM <sub>2.5</sub>	NA	0.10	0.52	0.04	0.62
	PM <sub>10</sub>	0.13	0.05	0.86	0.09	0.58
S	PM <sub>2.5</sub>	0.53	0.16	0.62	-0.08	0.85
	PM <sub>10</sub>	0.43	0.14	0.65	0.21	0.46
Si	PM <sub>2.5</sub>	0.44	0.34	0.02	0.18	0.73
	PM <sub>10</sub>	1.00	0.03	0.38	0.53	0.91
V	PM <sub>2.5</sub>	0.29	NA	0.33	0.15	0.58
	PM <sub>10</sub>	0.76	0.02	0.46	0.23	0.48
Zn	PM <sub>2.5</sub>	0.52	0.21	0.64	0.10	0.46
	PM <sub>10</sub>	0.55	0.20	0.27	0.40	0.44

584 NA = no land use regression model possible, see also section 2.2

585

586

587 Table 3: Confounder-adjusted and PM mass-adjusted model associations between estimated  
588 air pollution levels and forced expiratory volume in the first second: results from random-  
589 effects meta-analyses expressed as percent change with 95% confidence intervals, I<sup>2</sup> and p-  
590 value of heterogeneity of effect estimates between cohorts.

# Cohorts	Exposure		Exposure increment <sup>a</sup>	Confounder adjusted model (N=4,659) <sup>b</sup>				PM mass-adjusted model (N=4,659) <sup>c</sup>			
				% diff.	(95% CI)	I <sup>2</sup>	P <sub>het</sub>	% diff.	(95% CI)	I <sup>2</sup>	P <sub>het</sub>
5	PM <sub>2.5</sub> mass <sup>d</sup>		5 µg/m <sup>3</sup>	-2.5	-4.6, 0.4	9	0.3578				
5	PM <sub>10</sub> mass <sup>d</sup>		10 µg/m <sup>3</sup>	-1.1	-3.3, 1.2	19	0.2923				
5	Cu	PM <sub>2.5</sub>	5 ng/m <sup>3</sup>	-0.7	-3.8, 2.5	71	0.0076	0.1	-3.2, 3.5	59	0.0428
5		PM <sub>10</sub>	20 ng/m <sup>3</sup>	-0.3	-1.3, 0.7	0	0.5982	0.0	-1.3, 1.3	12	0.3355
5	Fe	PM <sub>2.5</sub>	100 ng/m <sup>3</sup>	-0.9	-2.9, 1.2	62	0.0337	-0.1	-1.9, 1.6	37	0.1774
5		PM <sub>10</sub>	500 ng/m <sup>3</sup>	-0.4	-1.3, 0.5	0	0.8573	0.2	-1.6, 2.0	35	0.1901
3 <sup>e</sup>	K	PM <sub>2.5</sub>	50 ng/m <sup>3</sup>	0.5	-1.0, 2.1	0	0.9448	1.2	-0.4, 2.8	0	0.4740
5		PM <sub>10</sub>	100 ng/m <sup>3</sup>	0.1	-0.5, 0.7	0	0.7052	0.1	-3.6, 4.0	0	0.6554
4 <sup>f</sup>	Ni	PM <sub>2.5</sub>	1 ng/m <sup>3</sup>	-0.6	-2.4, 1.3	33	0.2173	0.2	-2.1, 2.7	40	0.1735
5		PM <sub>10</sub>	2 ng/m <sup>3</sup>	-1.6	-2.7, -0.4	8	0.3597	-1.3	-3.1, 0.5	28	0.2319
5	S	PM <sub>2.5</sub>	200 ng/m <sup>3</sup>	-1.7	-5.0, 1.8	54	0.0672	-0.8	-4.9, 3.4	52	0.0790
5		PM <sub>10</sub>	200 ng/m <sup>3</sup>	-2.3	-4.6, 0.1	38	0.1682	-2.1	-4.8, 0.7	47	0.1112
5	Si	PM <sub>2.5</sub>	100 ng/m <sup>3</sup>	-1.3	-4.7, 2.3	53	0.0733	0.6	-0.5, 1.7	0	0.5951
5		PM <sub>10</sub>	500 ng/m <sup>3</sup>	-1.0	-3.4, 1.5	44	0.1267	-1.1	-5.7, 3.8	43	0.1320
4 <sup>g</sup>	V	PM <sub>2.5</sub>	2 ng/m <sup>3</sup>	-1.1	-3.5, 1.3	14	0.3236	0.5	-4.0, 5.2	44	0.1499
5		PM <sub>10</sub>	3 ng/m <sup>3</sup>	-0.1	-3.6, 3.4	48	0.1037	0.9	-3.9, 6.0	49	0.0968
5	Zn	PM <sub>2.5</sub>	10 ng/m <sup>3</sup>	0.0	-1.5, 1.5	40	0.1546	0.8	-0.7, 2.5	33	0.2046
5		PM <sub>10</sub>	20 ng/m <sup>3</sup>	-0.6	-1.6, 0.4	0	0.4663	-0.6	-2.5, 1.3	46	0.1132

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592 <sup>a</sup> Effects are presented for exposure increments, which were derived by rounding down the mean P10-P90 range in all  
593 ESCAPE study areas; <sup>b</sup> Adjusted for age, sex, height, weight, recent respiratory infections, non-native ethnicity, parental  
594 socio-economic status, allergic mother, allergic father, breastfeeding, mother smoking during pregnancy, smoking at home,  
595 mould/dampness at home and furry pets in the home; <sup>c</sup> Confounder-adjusted model additionally adjusted for PM mass; <sup>d</sup> As  
596 reported in Gehring et al (2013); <sup>e</sup> No exposure available for the Wesel and Manchester cohorts; <sup>f</sup> No exposure available for  
597 the Stockholm County cohort; <sup>g</sup> No exposure available for the Munich cohort.

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